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Keeping SA Army members fit

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FRONT COVER: The SANDF boasts first female Gripen fighter jet pilot in the world - Maj Catherine Labuschagne. Read all about her and her male counterparts on page 17. (Photo: S Sgt Lebogang Tlhaole)

For the latest news on defence matters in South Africa, visit our website at: www.dod.mil.za
From the Editor’s desk

I am very proud to be a member of the Department of Defence. To think the Department boasts the very first female Gripen fighter pilot in the world. Yes, in the world! Read all about her and her male counterparts on page 17.

Our Commander-in-Chief, President Jacob Zuma, said to the spectators on Heritage Day at the Moses Mabhida Stadium in Durban that it was our duty as a nation to protect our heritage, which ranges from nature conservation to our unique heritage sites (pages 10 - 11). In line with this appeal the SANDF recently cleared Hell’s Gate (KwaZulu-Natal) and Madimbo (Limpopo) military training areas of all unexploded ordnance. Read on pages 18 and 19 about the environmental rehabilitation of these areas that were previously used as operational training areas, where training was conducted using live ammunition to simulate a real war.

How can we solve the pains of the past? What can we do to manage them? How can we be healed? These are some questions addressed by Col (Pastor) Hein Kotzé on page 46.

Still addressing matters from the past … also read page 12 on how the Deputy Minister of Defence and Military Veterans, Mr Thabang Makwetla, was recently engaged in establishing empowerment programmes for the Military Veterans at the Centre for Advanced Training, where he highlighted the urgent need for the reskilling of the Military Veterans. In addition, Deputy Minister Makwetla has launched a food hamper campaign for the relief of destitute Military Veterans (see pages 13 and 14).

The ultimate humanitarian act one can give to someone is the gift of life. Many South Africans who are in dire need of organs will die unless they receive life-saving organs. Here is a noble gesture to consider as you read all about this life-changing topic on pages 38 and 39.

Do not forget your roots …

Nelda Pienaar
Editor

Go tswa go morulaganyi

Ke ipela ka go tswa le leloko la Lefapha la Tshirelets. Kana lefapha le, le igantsha ka mosadi ua nhla mo lefatieng ka bophara go kgwera sa sefotse sa ntuwa sa Gripen. Ee, mo lefatieng ka bophara. O ka buisa ka sekgantshwane sa se mosadi ga mmogo le badiri-ka-ene ba borre mo tsebeng ya leseme le bosupa (17).

Moladi mogolo wa sesole, moporesidente Jacob Zuma, malaba jale ka letsatsi la go ipela ngwao-boswa ko setediamong sa Moses Mabhida kwa Thekwini, o ne arc jaaka sechaba ke matlilamo a rona go somarela ngwao-boswa ea akaretsang matlotlo a tshomarelo ditso le mafelo a tsholego a e babaletsweng (bala tsebe 10 goya go 11).

Ka go tsibogela boikuelo juwa jaaka moporesidente, ba sesole sa sechaba sa Afrika Borwa ene yare bosheng jaana ba phefutsa mafelo a ikitso a sesole a Hell’s Gate kwa KwaZulu-Natal le la Madimbo kwa Limpopo ba tsoa dibomo le dikolo tse di kateselegieng disa tharayo. Buisa mo ditsebeng 18 goya go 19 ka tsosoloso tikologo ya mafelo a a neng a diriswa jaaka mafelo a ikitso ya sesole mo go neng go diriswa dikolo tsa mene go etiswa ntuwa ya mannele.

Tota re ka dira eng go fodisa manokonoko a maloba? Re ka dira jaang go tshela le one? Re ka bona pholo jaang? Tse ke dingwe tse dipotso tse Morutlitsa wa lesole, kolondle Hein Kotzé, a di sekasekang mo tsebeng ya 46.

Ere re santse re buisa ka tsa maloba, ipiunsetse mo tsebeng ya 12 kaga Motlatsa-Tona wa Tsa Tsishireleseatse le Bagaka ba sesole Rre Tshinang Makwetla a thankgola lenaane la go netlatlatsa bagaka ba sesole kwa sekoleng sa ikitso e e tsenelo tse (Centre for Advanced Training) mo toryong ya Tshwane. Motlatsa-Tona one a gatelela bohlhoku juva go rula bagaka ba dirilolo tse disa goba kogatsa ga itshetsa. Godimo ga mao, motlatsa-tona Rre Makwetla o thankgose maiteko a go kokaangya dijo tseli tla abelweng bagaka ba sesole ba ba dikobo di magetleng (bona ditsebe 13 goya go 14).

Sebē se segolo se motho a ka se nayang yo mongwe ke nhlo ya botshelo. Barmi ba bantsi ba Afrika Borwa ba isihlhela ba thloka diale tsa mmele go ba tshediwa. O ka akanyu ka se go dira pharologanyo mo botsheleng juva mong-ka uena fa o ntse o buisa ditsebe 38 goya go 39.

Re se lebole medi ya rona. Kaa re go tswang …

Nelda Pienaar
Morulaganyi

* Translation (Setswana) by Ken Seamgo.
“Start with small shared ideas and make a huge contribution to society” these were the wise words of Col Bobby Keller to the Warrant Officers Council Spouses Forum at their meeting in February 2010 and this is exactly what these women did and are still doing.

The Warrant Officers Council Spouses Forum adopted two projects for 2010: Caring and supporting the SANDF deceased members’ next of kin to show them that the SANDF, the nation and the business community cared for them and appreciated their sacrifices through which they contributed towards peace and stability in South Africa. The second project is support to the Alta du Toit School for Disabled Children, the only school in the Western Cape that caters for children of all races with disabilities.

The spouses forum was established in February 2010 by the spouses of the Level 2 Warrant Officers and Ms Sheron Scheepers as the Chairperson, and in May 2010 the spouses of the Level 3 Warrant Officers joined the team. The women were informed about the two projects for the Warrant Officers Council Spouses Forum and immediately began looking for donations. These women have already completed one project by donating R20 000 towards the Alta du Toit School.

The project for the deceased members’ next of kin will be finalised during November 2010. Their families are each going to receive a Bible in their home language as a gift from the SANDF. The Chairperson of the Warrant Officers Council Spouses Forum handed over a Bible to the Chief of the SANDF during the Goodwill Parcel Project Gala Evening as an example of what the families were going to receive.

The Warrant Officers Council Spouses Forum was also invited to support the Youth Programme with Col Keller and his team at the 2010 Africa Aerospace and Defence (AAD) expo. The women were fortunate to meet some of the “Reach for a Dream” children and assist them during their visit to the AAD Youth Programme.

The handing over of the donation to the Alta du Toit School also took place during the week of the AAD. The Spouses Forum was invited to the school and had some time to meet the learners, which was a memorable experience.

With a spouses forum so willing and passionate about supporting their husbands in their duties as Warrant Officers the outcome can only be a positive one to the benefit of the SANDF.

Ms S. Scheepers, Pretoria

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MY BELOVED CONGO

Hello beloved country
With your tall trees that resemble
The wealth of your soil,
Those hard to get naturals of that sacred soil
Oh my beloved country,
Are you rich because of natural causes?
Or is it the blood of those
Who have fallen upon your land?
The blood that has fallen from those
Who fought for your independence?
Their voices are still echoing
In the highest and shallowest
Places of this land.

Their families are still in vain
For they were waiting for the Promised Land
Oh my beloved Congo
Oh the country of my forefathers!
Must I watch this beautiful country
Go down the drain due to
The lack of understanding
Between you and me?
Must I turn my back on a place
Where too much blood is spilled?
Yes I am a foreigner in this country
But I just can’t turn a blind eye,
Oh this place that is supposed
To be filled with laughter
A place that all people
Are supposed to call home.

Yes I know I came to make peace,
Yes I know I came to set your differences apart
But I need your emotional and
Physical support in such a mission
How? How? How do I give support?
To you when you don’t have inner peace?
Find peace within the land
And I will be your best friend,
Find peace within yourselves
Then I will make you smile

Oh my beloved country!
I will be your friend
If you just find inner peace
I will wipe your tears
When I see you cry
I will be your friend
Yes I will be your friend
If you just allow me to.
Pte D.J. Stuurman, email

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WALK FOR GOLD!

Lt Col P.H. Hudsenberg and S Sgt M. Venter were selected for the AGN Walking Team, to attend the Inter-provincial walking road race in Oudtshoorn on 23 October 2010. Both members achieved gold medals, Lt Col Hudsenberg in the 30km and S Sgt Venter in the 10km.
**A PRAYER**

It is very important for one to have at least one minute a day with God by means of a prayer. If we encounter some challenges in our lives, the only solution is to pray. Everything that we have in our possession is from God through prayer. A prayer can do wonders if and only if we believe. The Word of God teaches us that when we pray we will get what we want. Locate a programme in your weekly activities to make sure that you pray. Let prayer be a habit in your life. In our prayers let us not forget those who cannot do anything for themselves. Mr Charles Chauke, SA Army College Librarian.

**UNITY IS POWER**

True soldiers make our country proud during peacekeeping:

1. Soldiers bring forth revival.
2. Soldiers are a living hope to the oppressed.
3. Soldiers bring life wherever death seems to take over.
4. Soldiers strive for excellence in any circumstance and to complete their mission successfully.
5. A soldier does not accept bribes to sabotage the innocent.
6. Being a soldier must come from the heart.
7. Surely this is the correct mindset to carry out this dynamic mission.
8. A true soldier is a good shepherd.

Pte M.C. Ntsisane, Military Base Kroonstad

**HERITAGE DAY CELEBRATIONS**

Joint Tactical Headquarters Northern Cape celebrated Heritage Day on 23 September 2010. The acknowledgement of, and respect for the cultures and heritage of all people of South Africa, is captured in the Constitution which proclaims 24 September as National Heritage Day. Our heritage is unique and precious. It helps us to define our cultural identity and therefore lies at the heart of our spiritual well-being and helps in building our nation. It has the potential to affirm our diverse culture, and in so doing identifies the national character. Our heritage celebrates our achievements and contributes to redressing past inequalities, educates and deepens our understanding of society and encourages us to emphasise the experience of others. It facilitates healing, material and symbolic restitution.

Joint Tactical Headquarters Northern Cape has indeed honoured this day by celebrating it in a manner that unifies the unit as a whole and enshrines esprit de corps among all unit members. The unit consists of three different races, namely Blacks, Coloureds and Whites. These three groups interacted with each other in different groupings. All groups wore their own traditional attire to depict the culture in which they were placed. They had to prepare food according to their groupings. That was a day to remember.

Capt J. Chauke, email

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**R200-00 prize for the best letter**

SA SOLDIER welcomes letters to the Editor. Short letters are more likely to be published, and all letters may be edited for reasons of style, accuracy or space limitations. Letters should preferably be typewritten and double-spaced. All letters must include the writer’s full name, address and home telephone number. The volume of letters we receive makes individual acknowledgement impossible. **Please send your letters to:** The Editor, SA SOLDIER Letters, Private Bag X158, Pretoria, 0001. Letters may also be faxed to (012) 355-6399 or sent via email to sasoldier@mil.za. We would like to hear your comments or ideas, particularly about matters affecting members of the Department of Defence. Regrettably, anonymous letters cannot be answered officially or published - Editor.
TWENTY YEAR REUNION

On 8 September 1990 the Senior Command and Staff Course No 2 of 1990 got under way at the SA Air Force College.

Lt Gen J.P.B. van Loggerenberg, who was Chief of the SA Air Force at the time, officiated at the closing ceremony on 12 April 1991. In his address he mentioned that the members of the staff course that he attended in 1969 had been holding annual reunions without fail. He challenged Course 2 of 1990 to do likewise.

This challenge was taken to heart and Course 2 of 1990 has been doing exactly that for the past twenty years. On 8 September 2010, twenty years to the day since the start of the course, a get-together was held at the SA Air Force College. Thirteen of the original 32 members attended the function and Lt Gen Van Loggerenberg, who was invited as a special guest, was also present.

Lt Gen Van Loggerenberg commended the members of Course 2 of 1990 for their effort. He also confidently stated that this course would never equal his. A new challenge had therefore arisen for us! Whether or not parity will be achieved, who can say? Only time will tell. He also emphasised the fact that we should cherish our friendship. After all, friendship and memories are all that remain after an intensive course of this nature - yet another valuable message that should be taken to heart. Col N.W. Napier, Pretoria

UNDERSTANDING THE MATHEMATICS OF GOD

Mathematics is the science of numbers and measurements. We are living in a sinful world and we know that when Adam rebelled against God, the ground was cursed because of him. The ground is still cursed even today. Adam introduced death and decay into the human family. Adam’s sin brought sin and sickness into human blood. Therefore sin is in the nature of human beings, descendants of Adam and Eve; we are subject to it up until we accept Jesus Christ as Lord and Saviour.

God + Sinner - Jesus = Death
Jesus Christ + Humanity = Life

John 3:35 “Father loves his Son and has put everything into his hands and anyone who believes in God’s Son has eternal life, anyone who does not obey the Son will never experience life, but remains under God’s angry judgment.”

A Problem + Jesus = Challenge

We, the children of God, do not have problems; we have challenges. The Holy Spirit is not protecting us from attacks, but from the effects of attack. Martin Luther King Jr said: “The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”

A problem is something difficult to solve. A challenge is an invitation to a fight. That is why the Bible says: “There is no condemnation for those who are in Christ Jesus who live and walk not after the dictates of the flesh, but the dictates of the Spirit.”

Sarah + Abraham - God = Problem

God promised Abraham that he was going to be the father of a nation, but Abraham listened to his wife’s proposal to have sexual relations with Hagar, and she became pregnant. She began a problem by treating his mistress, Sarah, with contempt.

God + Abraham + Sarah = Son

In Mpondomise culture, you must pay lobola (dowry) first before having children, i.e. there must be an agreement. Genesis 18:10: “I will return to you about this time next year, and your wife Sarah will have a son.” Isaac brought laughter to his parents because he was the fulfilment of a work of God.

God + Jesus = God’s child

The Bible says that to all who believed Him and accepted (Jesus Christ) He gave the right to become His children.

Human being + Dead People = Enemy of God

Leviticus 20:6: “And the soul that turneth after such as have familiar spirits, and after wizards, to go a whoring after them, I will even set my face against that soul, and will cut him off from among his people.” Therefore ancestor worship is not right in the eyes of God. I would like to invite you to accept Jesus Christ as your personal saviour. He personally carried your/our sins in his body on a cross so that we could be dead to sin and live for what is right. Remember, the blood of Jesus is the only blood through which we can obtain mercy, forgiveness of sins and reconciliation. The blood of Jesus redeemed us from the empty way of life inherited from our ancestors. 1 Peter 1:18

Do you not want to be a heavenly mathematician? The invitation is for everybody in the SANDF.

Sgt Zuko Livingstone Ntsho,
Air Force Base Durban

N O V E M B E R  2  0  1  0  •  S A  S O L D I E R
TEAMWORK

Most organisations or companies work in teams and on individual bases, and teamwork is encouraged. Organisations thrive with teams provided they are efficiently established. Covey, S.R. 1989: 261 puts it as follows: “Synergy is the essence of principle-centred leadership. It is the essence of principle-centred parenting. It catalyses, unifies and unleashes the greatest powers within people.”

The term work team describes a special type of organisational work group. The primary difference between a work team and a work group is the way in which they are governed. Generally, teams are self-managed and have a great deal more autonomy to make decisions than work groups


The question is to form a team or not. Teams cannot just be established for no reason. To use teams effectively and successfully requires a well-articulated plan. Teams must be self-regulated and be able to complement one employee’s strength with another’s employee’s weakness. Everyone in a team should have a chance to contribute an idea, plan, etc. It should not be a one-man show.

Ivancevich like Covey contends that “a good team has social memory. As a collective, the team should be able to ‘remember’ the contributions of individuals for the good of the group. Over time, contributing members play a major role in shaping the group’s activities (1989:344).

Redesigning the organisation to house the team concept is a five-step process:

1. Organise the physical work to set up support group activity.
2. Create organisational structures and job designs that promote expansion of skills and co-operate for the sake of interdependence.
3. Pay people enough so that lack of money is not a constant irritant.
4. Attract the best people.
5. Select the best employees.

The issue here is to view these five steps holistically so that a high quality product can be achieved with minimal resources. Molebogeng More,

SANDF COLET

I SALUTE YOU

This is a tribute that I wanted to write a long time ago for each and every member of the Procurement Section ASB Dequar Road (the SA Army Headquarters unit). The reason why this tribute is a must is that for four years I had found only joy and pleasure in working with all my colleagues in the section. I like facts, graphs and figures, that’s what we work with every day; but I can say without any doubt this year you were the champions in your outstanding financial administration for the FY 2009/2010: the best ever.

However, my aim is not to write about that only, but about you who all deserve this salute: from Capt Conny Manganyi, an unbelievably effective officer to the warrant and all the members for whom I have only the deepest of respect. For four years I saw the exchange of respect, loyalty and camaraderie between all the members. In the section different types of discipline and the different ways of different members can be experienced. However, although it is only known to the Client Procurement officials, the Procurement Section has only one member linked to every function, for example: Order Admin, which requires full concentration and hard work daily. That is what makes you such a brilliant group to work with - even the huge workload and daily pressure cannot affect your discipline and cohesion.

The next aspect is your friendly attitude, and nothing makes me happier than to hear the laughter coming through my door from the adjacent office. And that’s not only what they are, namely a lot of laughing soldiers: they do a hard and full day’s work. The ant nest of activity before the “service door” opens at 09:00 is preparing for the assault of clients with their papers. I have much more to say and will try to keep it short (I can see you all laughing when reading this). Kiddy and Nino, I hope that you have learnt never to say never again and in the same breath congratulations on your transfers: you are now real “Loggies”. I also know that the Department will forgive me if I single out Cpl R.B. Moeng and congratulate him on his long awaited promotion. Then, all of you, I love you my dear colleagues and in my 28 years I never had a group that made me feel so good about commanding them. Remember you are special, you are the Procurement Section of the Chief of the SA Army and you are meeting all the challenges with good spirit and strength. I fear the day that I must command a new group of men and women because where would I find a group that makes me sing to work everyday.

Finally thank you for being such specialists in what you do allow your “madala” commander to do the last promotion course in his career. Thank you for the opportunity to lead such an outstanding group of men and women, each member with his/her own character, always loyal to your unit and ultimately to the SA Army.


And to close my letter, this saying reminds me, before I forget very welcome to Stella, Monde and Tunka you are already part of us! “Our attitude controls our lives. Attitudes are secret powers working 24 hours a day - good or bad. It is of paramount importance to know how to harness and control this great force” - Tom Blandi.

Maj Attie Bekker, SA Army HQ Unit

S A S O L D I E R  •  N O V E M B E R  2 0 1 0
**YOUNG FALCONS PROMOTE THE AIR FORCE**

Having been introduced to the Syandiza Project at Margate Air Show in 2006 Her Royal Majesty Queen Nompumelelo Mchiza (Ma’ Mchiza) fell deeply in love with the concept and immediately got involved.

An educator by profession, Ma’ Mchiza has partnered with the Syandiza National Office on many projects since then, one being the building of science centres all over KwaZulu-Natal, which would also incorporate libraries/information centres, particular for Maths and Science. Her daughter, Princess Nqoba Zulu, has also had the pleasure of being a Young Falcon during the 2006 Young Falcons Camp at Air Force Base Durban.

Taking her partnership with the SA Air Force one step further, the Queen invited Syandiza to King Goodwill Zwelithini’s birthday on Friday, 10 September 2010 to participate in the Reed Dance Maidens Life Skills Workshop, which was held at Kwa-Nongoma on 11 and 12 September 2010.

This year’s Reed Dance was attended by 40 000 maidens who were divided into six marquees for the Department of Arts and Culture Life Skills Workshop, where speakers addressed issues such as Moral Regeneration, the Significance of Hygiene, HIV and AIDS Prevention and the Anti-Child Pornography Campaign.

Led by Maj Gen Lucky Ngema, the Syandiza Team introduced and promoted the SA Air Force and encouraged the maidens to pursue careers in the Aviation Industry, more particularly in the SA Air Force.

As part of the Life Skills Programme, AFB Durban Young Falcons Camp Ladies of 2009/2010 were also afforded the opportunity to showcase their drilling skills to the public and to share their hands-on experience of the Young Falcons Programme with the maidens.

Lt Mpho Makhetha, email

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**BLOOD DRIVE**

We would like to thank the donors for attending our blood drive at Wonderboom Military Base on 9 September 2010. (There were 75 donors.)

Your continued support and willingness to host blood drives are highly appreciated.

Please communicate our thanks to all involved. Shireen Wepener, Northern Zone Planner: SANBS

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**RESPONDING TO THE CALL OF DUTY**

121 SA Infantry Battalion (121 SAI Bn) is not only preparing to defend the sovereignty of RSA against attack in time of war when threats are not imminent, 121 SAI Bn members use their skills and capabilities to assist in service delivery, e.g. they rendered medical services and security support during the recent Public Service labour action. The soldiers of 121 SAI Bn manned and provided protection to hospitals in KwaZulu-Natal, namely the King Albert Luthuli, Mahatma Gandhi Memorial Hospital, King Edward VII, Stanger and Dundee Hospitals.

Prompt action during Operation PROSPER was undertaken by 121 SAI Bn members who provided a service by helping the injured, the sick and women in labour, and even critical patients were admitted at ICU by our own “Ops Medic”. Sgt Thamodala the "Ops Medic" in the ICU ward at the King Albert Luthuli Hospital said: “We mostly received patients that had been involved in car accidents and patients with stab wounds. Each day there was at least one patient who needed urgent assistance here at the ICU ward”.

The deployed soldiers were accommodated in tents at 84 Signal Unit in Durban. (Sleeping in a tent is part of an Infantry soldier’s life.) For the duration of the deployment WO2 Dubazana ensured that they adhered to the correct shifts. They stood guard from 07:00 to 19:00 and were relieved by “fresh” guards in the period from 19:00 to 07:00.

At the King Edward VII Hospital there was an enormous shortage of nurses. Some soldiers who guarded the “medics” had to co-ordinate the issuing of daily medication to patients with chronic diseases.

At the Stanger Hospital, Capt Xaba was the sister who was on night shift. She was very energetic and loved her work. She worked in the labour ward where at least five to six women gave birth on a daily basis.

A section from 121 SAI Bn was deployed for sixteen days at the Dundee Hospital, which is near 5 SAI Bn in Ladysmith. (On 2 September 2010 121 SAI Bn was released by 5 SAI Bn). Charlie Company Commander, Capt Gregory, set to work immediately after his arrival from Operation CORDITE X on 15 April 2010. He worked hard to ensure that security was strengthened in the hospitals and that nurses and doctors were protected during the strike.

The secondary function of a soldier is to protect life, health and property. 121 SAI Bn soldiers were honoured and humbled to be involved in such a noble duty. Capt F.S. Vilane, 121 SAI Bn

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**BOSSES VS LEADERS**

Leadership in the wrong hands can be as dangerous as a vicious dog that is uncontrolled.


A boss is less than a leader because he/she instructs how to do things. A boss uses verbal communication to his/her own advantage to show that what he/she says, goes. A boss uses power to overrule people in a situation. I think we really need leaders, not bosses. Cpl Mmasehlong Moses Lantola, Wynberg

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**N O V E M B E R  2  0  1  0**

**S A  S O L D I E R**
A wiseman once said: “Growth and change is the evidence of life. Continuity gives us roots, but change gives us branches allowing us to stretch and grow.”

South Africa is a country of highly developed artistic disciplines sculptured by a multitude of cultures that portray the diversity of our people. Our collective history not only ensures worldwide awareness and exposure for our country, but build upon the foundation for generations to come.

On 24 September 2010 South Africa celebrated National Heritage Day to highlight and promote cultural expressions and diverse heritage, which together contribute to building our nation at the Moses Mabhida Stadium in Durban.

Government celebrated the successes of the 2010 Soccer World Cup with the theme: “Celebrating 2010 FIFA Soccer World Cup successes: Our Heritage”. The successful hosting of the World Cup on the African soil showed extraordinary incredible diversity that showed off our country’s assets, man made and natural. Our country is recognised as a home to many embracing the African-ness of all irrespective of background, colour, language or culture sharing common roots.

Addressing the gathering, the Commander-in-Chief, President Jacob Zuma, said that it is our duty as a nation to protect what is rightfully ours - our heritage, ranging from nature conservation to our unique her-
Senior Officers of the SANDF served as aides-de-camp ushering the Minister of Arts and Culture, Ms Lulu Xingwana, the Premier of KwaZulu-Natal, Dr Zweli Mkhize, and the Executive Mayor of Ethekwini Municipality, Councillor Obed Mlaba, to the podium.

The rhythm of the military band brought life to the stadium.

He mentioned that celebrating Heritage Day is an opportunity to pay homage to the rich legacies that have been handed down to current and future generations by our forebears. He acknowledged the South Africans for being key agents in connecting the world to the warm heart of Africa.

President Zuma said: "The wearing of Bafana Bafana jerseys and the display of the rainbow flags everywhere in our country will forever be part of our heritage. Let us continue showing our pride in these national colours at all times as they unite us and strengthen solidarity among the South African people."

President Zuma said that the Soccer World Cup spectacle played a key role in promoting African unity. He said: "The support provided to Ghana and all African teams indicated that South Africans realise that the country is an integral part of the continent and that African success is South African success."

The SANDF dazzled the crowd with a military parade, the resounding echoes of the 21-gun salute, a fly-past and flight in salute over the Moses Mabhida Stadium by the SA Air Force and the military band and National Ceremonial Guard performed in detailed precision drill on the field.
Reskilling of Military Veterans

By Kgabo Mashamaite
Photos: Sgt Elias Mahuma

The newly established Department of Military Veterans has embarked on a process that will help military veterans to obtain various technical skills to empower themselves.

Currently, most military veterans, especially those who were in exile or are former Non-statutory Forces, live in abject poverty and do not have any skills other than those learned during their military careers.

This, however, will be a thing of the past as the Deputy Minister of Defence and Military Veterans, Mr Thabang Makwetla, is currently engaged in establishing empowerment programmes such as vocational skills training meetings and tours to the Centre for Advanced Training (CAT), a training institution of the Service Corps located on the western side of Pretoria. It teaches a wide spectrum of technical and non-technical disciplines.

Deputy Minister Makwetla highlighted the urgent need for the reskilling of military veterans, one of the beneficiary groups targeted by the Service Corps, at a meeting held on 30 September 2010 at CAT with the Director-General of the Department of Military Veterans, Mr Tsepe Motumi, the Chief Director Human Resources Development, Maj Gen Kenneth Mokoena, the General Officer Commanding of the Service Corps, Brig Gen Elsie Mahlangu, and Officer Commanding of CAT, Col Zamiwe Alice Temba.

Mr Makwetla said: “The key objective is to equip the military veterans in accordance with private sector requirements so that they can be fully integrated into a civilian life and make use of skills acquired in order to earn a living. Technical fields that are being offered here will make this process a reality. These should include plumbing and bricklaying because these skills...”
In an attempt to restore the dignity of penniless liberation army heroes, the Province’s South African National Military Veterans (SANMVA) Branch in recognition of their sacrifices for the liberation of the country.

The food hampers campaign, an interim intervention for the relief of the destitute military veterans, was launched at 46 SA Brigade in Kensington, Johannesburg, on 1 October 2010. This was done after extensive consultation between the Deputy Minister of Defence and Military Veterans, Mr Thabang Makwetla, and various private sector players, including MTN Business, that under its corporate social responsibility programme undertook to donate more than 500 food hampers worth R150 000 to the impoverished members of the South African National Military Veterans Association (SANMVA) countrywide.

Currently some SANMVA members are living without hope because they have no means or opportunity to

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fend for themselves as they do not have alternative skills to make a decent living.

Handing over the food parcels to the needy Gauteng Province SANMVA beneficiaries, Deputy Minister Makwetla, whose ministry has been tasked with seeing to the varied needs of the military veterans, said: “The occasion marks the beginning of good things to come for the military veterans and the restoration of their dignity within the public, since most of them do not have any skills apart from those combat skills learned during their quest for the liberation of the country. This measure is only a short-lived project for the targeted few military veterans and the dependants of those who have passed on, as the Government is still formulating the mechanisms to deal with their varied needs. These measures are, however, not to be confused with the Department of Military Veterans, which oversees the social welfare of the military veterans. The aim is to help you (Military Veterans) to get your pensions and what is due to you in order to improve your living conditions”.

Mr Makwetla pleaded with the Veterans not to rely on their battle skills to commit crimes to fend for themselves because the Department was engaged at present in a reskilling project of military veterans to let them participate fully in the mainstream economy and be accepted by the general public.

Mr Nkululeko Tshwela, MTN representative, appreciates the gesture towards the development and the upliftment of the military veterans. He said: “The MTN through one of its Corporate Social Investments chose the Department of Military Veterans because we understand the huge task of documenting and distributing various benefits to the constituencies across the country and we are glad that we have contributed. MTN also understands the need of rehabilitation and nation building. We believe that through our little contribution today the military veterans will be able to keep going until their benefits become available to them.”

Mr Victor Thamaga, a former Umkhonto we Sizwe (MK) cadre, who since 1976 has received training and then operated in countries such as Angola, Zambia, Tanzania, the Soviet Unions and Bulgaria until the MK was officially closed by the then Commander, Mr Nelson Mandela, said the gesture was a sign of recognition of him and other fallen comrades for the role they played during their quest for liberation. Mr Thamaga said that he hoped that in future such events would bring much more changes for the better in the lives of the military veterans and help in nation building.

The occasion resulted from a request by the Chairperson of the Umkhonto we Sizwe Military Veterans Gauteng Province, Mr Duma Mlambo, who approached Deputy Minister Makwetla in September last year to provide food parcels for the destitute military veterans since the festive season was looming and they could enjoy these with their families. Owing to time constraints, only R8 000 was raised then, and because the Department had not yet pronounced on the matter and no legislation was in place to cater for the varied needs of the military veterans, the food parcels bought from the proceeds were distributed to just a handful of beneficiaries, who were identified as living in abject conditions.
Business Against Crime
SA thanks SANDF for border role

By Mandla Mahlangu
Photo: S Sgt Lebogang Tlhaole

The SANDF and Business Against Crime South Africa (BACSA), a non-profit organisation, have forged a partnership to curb cross-border crime. This happened during a breakfast meeting between members of the Plenary Defence Staff Council (PDSC) and BACSA organised at Erasmus Castle in Pretoria on 17 September 2010.

BACSA applauded the decision by Government to return the SANDF to the borders as their responsibility as mandated by the Constitution. (The SANDF took over borderline protection on 12 April 2010.)

The Chief of the SANDF, Gen Godfrey Ngwenya, recognised the role played by BACSA in combating crime. He said: “I recall you once urged the SANDF to return to the borders. It was crucial to liaise in order to identify problem areas. Returning to the borders was not easy as a lot had to be done.”

Gen Ngwenya emphasised that communities near the borders should be mobilised. He said: “People are exploited by criminals and paid to park stolen vehicles and retrieve information about security measures at the border. More resources are needed and the Cabinet needs to be convinced that the role of the National Defence Force is much bigger and needs to be resourced properly.”

The Chairperson of BACSA, Mr Mark Lamberti, thanked the SANDF for the role it played at the borders. He also briefed the SANDF about the background of BACSA. “The former President of South Africa, Mr Nelson Mandela, once said that the business sector should unite to combat crime. In a general sense ‘Madiba’ recognised the skills business has in assisting in crime prevention,” Mr Lamberti said. He explained the role of BACSA as a system to be employed in conjunction with other crime preventing bodies and that BACSA alone was not responsible for policing tasks in preventing crime. BACSA would only assist in crime prevention if invited to do so.

Mr Lamberti added that BACSA recently signed a Memorandum of Understanding with the South African Police Service to assist the police whenever they were needed to help reduce crime.

The Chief Executive Officer of BACSA, Dr Graham Wright, said: “We have made remarkable strides over the past years in terms of business assisting Government to improve security.” He added: “We have also established processes and mechanisms with the SANDF to assist at the borders.” BACSA pleaded with the border security sector to ensure that security is intelligence driven and that it does not only rely on foot patrols.

BACSA will assist the SANDF with information and communication technology, information gathering and other matters pertaining to crime prevention.
Representatives from almost all gender-based organisations and the Department of Defence turned out in force to attend the workshop on the Operationalisation of United Nations (UN) Security Council Resolution 1325 held at the University of Pretoria on 5 September 2010.

The workshop was presented by Dr Louise Olsson, researcher from the Folke Bernadotte Academy based in Stockholm, Sweden, who has published extensively on gender issues, including journals and books. The workshop was aimed at creating awareness among security institutions and to exert pressure on them to implement gender mainstreaming within their organisations.

Addressing the seminar, Dr Olsson said that the workshop was inspired by the demand from women to be taken seriously by the UN Security Council, especially during peace operations.

Dr Olsson said: “Women have outstripped men by far as victims of social imbalance and it is high time that the UN Security Council implements gender equity during peace missions. A person from a certain gender should not be considered for certain roles ahead of others. There should also be fair competition for commander posts in the missions and equal access to leadership training.”

United Nations Security Council Resolution 1325 is a declaration adopted by the Security Council at its 4213th meeting on 13 October 2000, among others to recognise the urgent need to mainstream a gender perspective in peacekeeping operations and to reaffirm the important role of women in the prevention and resolution of conflicts and in peace-building.

SA Air Force boasts first female Gripen pilot in the world

By Cpl Itumeleng Makhubela
Photo: S Sgt Lebogang Tlhaole

The SA Air Force can boast of having produced the first female Gripen fighter jet pilot in the world - Maj Catherine Labuschagne.

With over 12 years of service in the SA Air Force Maj Labuschagne has approximately 1 900 flying hours to her credit of which 1 000 are in military jets. “This is fantastic for me; and I am excited,” remarked Maj Labuschagne. "It’s amazing what you can do with the aircraft, but you need to be persistent and work hard.”

In 2004, after joining 85 Combat Flying School in Hoedspruit, Maj Labuschagne had an opportunity to become the first female fighter pilot in the world to fly in the back seat of the Swedish built Gripen fighter jet at the opening of the African Aerospace and Defence Exhibition. In 2010 she did her first solo flight in a Gripen. Together with Maj Labuschagne three male Gripen fighter pilots qualified at Air Force Base Makhado. The four of them completed their Operational Conversion Course in which the four pilots flew solo in Gripens on 7 October 2010.

Maj Labuschagne, Maj Lance Mathebula, Lt Kevin Chetty and Lt Col Gys van der Walt will form a pool of fighter pilots. They have paved the way for up-and-coming talents.

Three of the four Gripen fighter jet pilots leaving the hangar after landing their Gripens, fltr: Lt Kevin Chetty, Maj Catherine Labuschagne and Lt Col Gys van der Walt. (Maj Lance Mathebula is currently in Sweden.)

Squadron, Lt Col Musa Mbhokota, indicated during a briefing that their objective was to define excellence in multi-role air combat operations by the way they conducted themselves. The Squadron has proved its capability judging by its performance during World War II in Europe and Africa, and later in Korea.

Gripen training comprises an integrated training system that includes classroom attendance, computer training systems and the actual flying. The unit has built a Gripen simulation training centre that allows the students to have a virtual experience of a flight. Gripen courses include the flight leader course, operational conversion course and the flight attack course.

The Officer Commanding of AFB Makhado, Brig Gen Chris Delport, said the unit was responsible for managing fighter aircraft. The fleet of 15 Gripens (9 with dual seats and 6 with single seats) are utilised for specialised combat operations and exercises. He pointed out that Maj Labuschagne as a Gripen pilot was an achievement for women flying these jets.
Environmental rehabilitation of military training areas

Article and photos by S Sgt Lebogang Tlhaole

The land in Hell’s Gate in KwaZulu-Natal and Madimbo in Limpopo that were both formerly used as Special Forces training grounds will be handed back to the original occupants.

These areas were previously used as operational training areas, where training was conducted using live ammunition to simulate a real war. The land was swept for blinds and mis-fires after training exercises, but was not entirely cleared. Unexploded ordnance (UXO) was left behind, either for the new inhabitants of the area or for those that participated in the military exercise described below.

Unexploded ordnance remains explosive, e.g. bombs, shells, bullets, grenades and landmines that did not explode when they were fired. They still pose a risk as they may be detonated many decades after they were used or discarded. It is important to know that UXO comes in many shapes and sizes - some will look new, others old, many may be clearly visible, other partially hidden and it may be easy or virtually impossible to recognise them as munitions.

The National Environmental Management Act No 107 of 1998 (NEMA) requires that significantly contaminated and polluted land be rehabilitated by those organisations that caused such contamination or pollution. Furthermore this obligation to clean up UXO and rehabilitate the environment is something that has to be disclosed in the Department’s financial statements as required by National...
As there was no relevant information or models available to correct these the Department of Defence (DOD) commissioned an internal project, known as Project Umthombo, that looked at identifying areas that were targeted for handing back for civilian use and a costing model was developed to determine the contingent liability.

Project Umthombo was also developed to clear the Hell’s Gate and Madimbo training areas of all UXO as required by NEMA and the military standards for mine clearance, as pilot projects, are in line with the requirement of NEMA, which is to develop a capacity building plan for the SANDF to clear all targeted areas of UXO.

In order to ensure the transfer of skills to the DOD and an indigenous and enduring subsurface capability and centre of excellence was included as a requirement of the bidder. Currently Origin Exchange Consortium is doing post-exercise surface sweeps, including annual subsurface sweeps, demining and clearance of UXO in the Hell’s Gate and Madimbo training areas as required by Request for Proposal and by the NEMA. This company displayed adequate capability with regard to the above. The local population has benefited from this project as Origin Exchange trained and used locals to clear the training area. They have also acquired skills in safety aspects.

UXO PIT Unexploded ordnance is explosive weapons such as bombs, shells, bullets, grenades and landmines that did not explode when they were employed and still pose a risk of detonation potentially many decades after they were used or discarded.

UXO SCRAP It is important to know that unexploded ordnance comes in many shapes and sizes. Some items will look new, others old, many may be clearly visible, other partially hidden, and it may be easy or virtually impossible to recognise them as munitions.

In order to ensure the transfer of skills to the DOD, establishing an indigenous and enduring subsurface capability and centre of excellence included as a requirement for the bidder. (This equipment will belong to the DOD after the projects end in 2011.)
South Africa is a proud seafaring nation with maritime resources situated along the regional and international sea routes. As a nation of international solidarity, the friendship of India, Brazil and South Africa (IBSA countries) once again gained momentum as the three navies commenced with their second trilateral maritime exercise off Durban, Port Elizabeth and Cape Town from 10 to 27 September 2010.

The aim of the exercise was to increase interoperability and supportability, as well as to enhance defence collaborative maritime security architecture.

The Indian Combat Ship, INS MYSORE, on its way to Durban Harbour to take part in Exercise IBSAMAR II; in the background is the Moses Mabhida Stadium.

Fltr: Capt (Navy) Franco Marico, the Brazilian Navy DA, R Adm Phillip Schoultz, the Chief Director Joint Ops, R Adm Pattanaik VSM, the Flag Officer Commanding Western Fleet, Indian Navy and R Adm Rusty Higgs, the Flag Officer Fleet, during the media coverage on board INS Aditya.
diplomacy and co-operation among the three nations.

South Africa was the host country with India appointed as lead player with four of its frontline ships, namely INS Mysore, INS Tabar, INS Ganga and INS Aditya. Brazil fielded a Niteroi class frigate and an Agusta Westland Lynx maritime helicopter. The SA Navy deployed two valour-class frigates, the SAS AMATOLA and the SAS SPIOENKOP, as well as the offshore patrol vessel, the SAS GALESHIWE, in addition to the Type 209 heroine-class submarine, the SAS QUEEN MODJADJI I, and the combat support ship, the SAS DRAKENSBERG. The SA Air Force deployed Oryx and Agusta Westland helicopters, as well as Gripen advanced light fighter aircraft and Hawk MK120 lead-in fighter trainers.

The first Exercise IBSAMAR took place between 2 and 15 May 2008 in South African waters. It is a biennial naval event between navies of the member nations of IBSA. Having been initially involved only in basic maritime operations, the scope of IBSAMAR II this time had been enhanced in both scale and complexity to feature advanced aspects of maritime warfare, including anti-air, anti-surface and anti-submarine operations.

During the media briefing on board INS Aditya, the Head of the Task Group, R Adm RK Pattanaik, YSM, the Flag Officer Commanding Western Fleet Indian Navy, said that the Indian Navy shared the desire of the SA Navy to maintain a secure and stable maritime environment in the Indian Ocean region for common economic prosperity. He said: "This trilateral exercise will improve maritime security, which will lead to international trade in commodities and enhance our military and diplomatic understanding."

The Flag Officer Fleet (SA Navy), R Adm Rusty Higgs, said that the three friendly countries involved in the exercise played a significant economic role in their regions. He mentioned that the IBSA initiative also improved trade and investment opportunities. R Adm Higgs said: "The SA Navy, together with our alliance partners India and Brazil, are shaping the new world order. The formidable capability of our navies is a key component of collective security and forms part of the foundation for economic development and global competitiveness of our goods and services in the global economy."

Taking charge of the maritime domain and enhancing maritime capability in order to achieve the objectives of the exercise the Geospatial Information System (GIS) plays an important role in maintaining good order at sea and complements international maritime law. Col Adolf van den Berg from the Directorate Geospatial Information told SA Soldier that GIS's role during Exercise IBSAMAR II was to supply the Naval Task Force with a geospatial capability, eg digital maps, charts, satellite imagery and aerial photographs so that decision-makers could plan and make informed decisions on geographical matters. Col Van Den Berg said: "GIS is a decision-making tool for all command staff elements at the strategic, operational and tactical level."

The GIS through its aerial photography or satellite imagery of specific areas also enhances the policing at sea,
and thus combats pollution, waste materials, smuggling and illicit trade, and monitors transnational and cross-border crimes and the safe navigation of vessels or shipping.

Speaking to SA Soldier Capt Janine Davids from the GIS mentioned that part of the GIS responsibility during the exercise was to monitor vessel traffic effectively and efficiently along the coastline, and provide information systems and maritime domain awareness. She said: "We provided aids to maritime navigation, coastal surveillance systems, offshore collision avoidance systems, hydrographic survey data processing software, system design, integration, advisory service and 3D data.”

**A hype of activity**

10 September 2010 was a hype of activity and entertainment as the Chief of the SA Navy, V Adm Johannes Mudimu, hosted a gala concert evening to which the local community and friends of the SA Navy were invited. They could rub shoulders with the SA Navy Band and the Drakensberg Boys Choir. The Indian Naval Band entertained the audience with a mixture of military, traditional and international music at the Durban City Hall.

The event was followed by the Right of Entry parade along the Durban’s main street on 11 September 2010. The Chief of the SA Navy and the Executive Mayor of Ethekwini Municipality, Mr Obed Mlaba, officiated at the event. Joining in the festivities were onlookers in the streets who were cheering and waving in excitement when the sailors marched passed during the parade.

The Exercise IBSAMAR II proceedings were capped by a fine display at sea by SA Navy frigates together with SA Air Force aircraft. The formation not only marked the end of an 18-day maritime exercise, but laid a solid friendship. Among the aircraft on display were the Super Lynx maritime helicopters, Agusta Westland AW109 helicopters, Gripen fighter jets, Hawk lead-in fighter jets. The formation stretched from Gordon’s Bay to east of Simon’s Town. All the frontline ships came together at the V&A Waterfront in Cape Town the following morning before sailing to their respective countries.

Capt Janine Davids from Directorate Geospatial Information (standing) and CO Kgalale-tsang Tlhakoane analysing images to help in maritime navigation during the exercise.
The Africa Aerospace and Defence (AAD) partners, AMD, CAASA, Armscor and the Department of Defence hosted the largest and most successful AAD expo at AFB Ysterplaat in Cape Town over the period 21 to 25 September 2010.

Staged biennially, the AAD exhibition remains Africa’s premier event to showcase leading edge commercial and general aviation related technologies and products together with defence related landward, maritime and aerospace platforms and systems.

The AAD is uniquely positioned for exhibiting companies to market their products and services to the entire continent and beyond. The exhibition attracts trade envoys, delegations and Captains of Industry from around the world. It is also a platform for local exhibitors to meet their international counterparts.

The South African Government considers the AAD a national asset, which it leads through its departments, such as Defence, Trade and Industry, Transport, Public Enterprises and Science and Technology.

Youth Development Programme

A cornerstone of the AAD was the continuation and expansion of the Youth Development Programme (YDP) driven by the AAD partners under the theme for 2010: “Mobilising the youth today to sustain the defence and aerospace and tomorrow”. The YDP finds itself aligned with
The Youth Development Programme provides an opportunity for the youth of South Africa to have first-hand experience of the advanced technological world of aerospace and defence.

The programme provides an opportunity for the youth of South Africa to have first-hand experience of the advanced technological world of aerospace and defence. It includes live demonstrations and flying in aircraft simulators. This is aimed at recruiting scarce skills and enticing young people to take up careers in aerospace and defence.

During the three days of the exhibition approximately 2 000 learners from various disadvantaged communities visited the YDP pavilion. The pavilion showcased the flight and vehicle simulators, virtual aviation, aircraft model building and many other interesting exhibits together with an abundant quantity of appropriate career guidance literature. Role models were also on hand to encourage youth to pursue careers in the many technical disciplines within the workplace. The YDP is in direct support of the Military Skills Development System (MSDS) implemented in the DOD.

The benefits AAD holds for the DOD

The AAD is a highlight on the DOD calendar that attracts the military from many countries from the African continent and internationally. The AAD provides a platform and opportunity for the DOD to interact with all DOD stakeholders and contribute to a better understanding of the SANDF's internal and external roles. It also provides an opportunity to
showcase SANDF capabilities and combat-readiness through a significant and impressive exhibition of SANDF hardware. Furthermore, the AAD does not only provide a platform for information sharing and benchmarking between defence forces, but also enhances trade, investment and regional integration in the defence environment. The DOD in its commitment to support the SA Government’s diplomatic initiatives requires advanced and interoperable technology to be able to participate in peace missions on the continent. Some of the technology acquired and currently operated by the SANDF was displayed at the exhibition.

The DOD also took its recruitment drive campaign to the AAD. The drive was targeted at Grade 11 and 12 learners from various schools. The recruitment drive of the DOD is aimed at swelling the ranks of the SANDF, and focuses mainly on the disadvantaged communities to ensure that they too benefit from the career opportunities offered by the SANDF.

A highlight for the public was undoubtedly the spectacular air show that involved all types of aircraft in operation in the SA Air Force. The SA Navy was afforded the opportunity to be an active participant as an integral part of the SANDF. This afforded the guests and the public an opportunity to view and experience the hardware and capabilities of the SA Navy. The SANDF played an immensely important role in supporting the staging of the AAD, especially the event that was hosted on an SA Air Force base.

The AAD was a good investment for exhibitors and contractors. It also created a good opportunity for delegations and visitors to form partnerships. The business that is generated through the AAD will have a spin-off effect on many sectors of our society, thus stimulating economic growth that is as critical to South Africa as it is to the continent as a whole.

With all the excitement the AAD 2010 generated, Air Force Base Ysterplaat and the City of Cape Town bade farewell to the Air Show as it returns to its original home in Pretoria in 2012. As the revamp of the Air Force Base Waterkloof would have been completed, Pretoria will once again host AAD in 2012.
Survival of the fittest

Article and photos by S Sgt Lebogang Tlhaole

Soldiers from all over the country gathered at 3 SA Infantry Battalion in Kimberley to compete in the 3rd SANDF Fittest Soldier Competition to determine the fittest Service or Division, Formation or Unit and individual champion in the different age groups. The competition took place from 11 to 15 October 2010.

The Military Council learned that very little was done to promote physical fitness in the SANDF. The fitness evaluation was certainly not popular with certain units and the pass rates of these tests were poor and non-compliance with the physical fitness policy was prevalent.

To counter this negative tendency the SANDF Fittest Soldier Competition was developed. The core objective of this competition is to determine the fittest Service team, fittest Unit or Formation team and the fittest male and female soldiers in three different age groups, and also to provide recognition and exposure for the winners so that others might see and strive to follow their examples and enhance and stimulate interest in physical training.

The competition involves a significant percentage of the musculature of the entire body. Great strength is required in the legs, back and fore-
arms to complete the task properly. Physical fitness plays an important role in soldiers’ lives. To regain combat-readiness more effectively and optimally and to sustain that readiness an approach to physical fitness training that is both efficient and essential is necessary. Physical fitness is the foundation of a soldier’s combat-readiness.

The competition has a practical use, for example the obstacle course and endurance with heavy packs is a helpful endurance skill. It is a sensible solution to enhance fitness. Soldiers need this combination of health and skill related fitness components, such as muscular strength and endurance, cardiovascular strength, flexibility, agility, balance, co-ordination, speed, power and level of functional fitness, which is the ability to translate these components into efficient movement. The competition is aimed at enhancing soldiers’ performance on the battlefield. It also allows them to improve their general fitness, which is conducive to better health. This conditions the body for movement, so in these cases soldiers are better prepared for combat operations. The SANDF Fittest Soldier Competition is a concept that the SANDF as a whole has embraced and implemented.

**Winners**

- **Women’s Veteran:** (from the age of 40 years upwards) S Sgt S.B. Sawula from 101 Air Supply Unit
- **Women’s Sub Veteran:** (between ages 31 and 39) CPO C. Roodman from Naval Base Simon’s Town
- **Women’s Senior:** (up to the age of 30) L Cpl M. Moaneno from 1 SA Tank Regiment
- **Men’s Veteran:** (from the age of 45 years upwards) Sgt O.P. Batantse from 4 Artillery Regiment
- **Men’s Sub Veteran:** (between ages 35 and 44) Lt L.J. Mokoto from 3 SA Infantry Battalion
- **Men’s Senior:** (up to the age of 30) Pte M.J. Kekana from 8 SA Infantry Battalion
- **Service or Division:** SA Army Team 1
- **Unit or Formation:** SA Army Infantry Formation

![]( Soldiers crossing a water obstacle. )

Great strength is required in the legs, back and forearms to complete the task properly. Physical fitness plays an important role in soldiers’ lives.

![]( Soldiers need a combination of health and skill related fitness components, such as muscular strength and endurance, cardiovascular strength, flexibility, agility, balance, co-ordination and speed. )
Operation CORONA: SANDF returns to the borders

By Capt (SAN) Sonica van Rooyen, SSO Operational Communication, Joint Operations Division

The SANDF was deployed on South Africa’s borders until 1994, when the Government ordered the phased withdrawal of SANDF troops from the borders. The function of border control was then gradually taken over by the SA Police Service. The SANDF withdrawal was planned to be complete by 31 March 2009, but an extension was granted until March 2010 for the Zimbabwe/RSA border. However, in October 2009 the SANDF was instructed to return to identified sections of the border with effect of 1 April 2010.

Section 18(1)(d) of the Defence Act 42 of 2002 provides as follows: “In addition to the employment of the Defence Force by the President as contemplated in section 201(2) of the Constitution, the President or the Minister may authorise the employment of the Defence Force for service inside the Republic or in international waters, in order to effect national border control”.

On 12 February 2010 the Minister of Defence and Military Veterans (MODMV) mandated the SANDF to return to the country’s borders in a phased approach with effect of 1 April 2010. On 13 April 2010 the first company to deploy reported for duty along the RSA/Zimbabwe border. Three further companies and two engineer platoons reported for duty on 21 May 2010. From 21 May four companies have therefore been deployed as follows:

- Two companies (340 soldiers) deployed on the Limpopo/Zimbabwean border based at Musina and Pontdrift.
- One company (160 soldiers) deployed on the Mpumalanga/Mozambican border (Komati Corridor based at Macadamia).
- One company (160 soldiers) deployed on the KwaZulu-Natal/Mozambican border (based at Ndumo).

Current planning is for Phase 2 to take place at the commencement of the 2011/12 financial year. Phase 2 will be implemented in the same format as Phase 1 and provides for the roll-out of a further two companies. Current planning provides for a company along the Free State/Lesotho border and a company within the Kruger National Park. A final decision of where the Phase 3 deployments will take place will be taken closer to the time, based upon the then prevailing situation.

The SANDF Border Safeguarding Strategy is one of gradual re-entry to Borderline Protection.
SAFEGUARDING OUR BORDERS
Borderline Protection.

OPERATION CORONA
Safeguarding our borders by:
Stopping prohibited illegal substances
Identifying counterfeit goods or money
Assisting in the recovery of stolen vehicles
Apprehending illegal immigrants
Investigating human trafficking
Preventing stolen stock from crossing borders
Air power on display

By Kgabo Mashamaite
Photos: S Sgt Lebogang Tlhaole

The north-eastern part of Limpopo Province became a hive of activity during the week of 6 - 9 September 2010, with curious motorists and onlookers stopping at the Roodewal Bombing Range located at Air Force Base Makhado.

What caught everyone’s attention, especially on 9 September, was the assembly of military aircraft of different categories on display, waiting on the sidelines for an order to execute various manoeuvres, battle tactics and other operations during the annual SA Air Force air capability demonstration, which was to be held shortly thereafter.

A list of participating aircraft on show included Hawk lead-in fighter jets, Oryx helicopters, Casas, Hercules C-130, Gripen fighter jets, Augusta 109 light utility helicopters, C-208 and PC12 aircraft.

The aim of the event was to introduce the invited guests to some of the activities the SA Air Force had been working on during the 2010 Soccer World Cup, where it had been tasked with comprehensive airspace security at the venues and rapid transportation of personnel to various posts.

During the air capability demonstration, which also included members of SA Army Artillery and 44 Parachute Regiment, members of the public were stunned by the aerial delivery of battle equipment attached to the Hercules and the Casa 212 for utilisation by ground forces. The public were further stunned by the excellent rescue efforts of the “injured” pilot by the pathfinders after a simulated attack on the Oryx helicopter by enemy fire. It took the rescuers exactly two minutes to get to the pilot and in no time the “injured” pilot was airlifted by the Augusta 109 light utility helicopter to hospital.

Immediately after the proceedings, the Chief of the SA Air Force, Lt Gen Carlo Gagiano, said that the demonstration was proof that the SA Air Force could perform well and deliver a high standard of air security to the nation.

Lt Gen Gagiano said: “The exercise is living proof that we have a professional and disciplined work force to deliver fatality free airspace security, the SA Air Force core business, as per constitutional mandate, without losing focus of the job at hand. Looking at a task well executed today, we can proudly say that we have efficient air power which, coupled with aspects such as air fire power, air supply and air transport, are all essential elements in delivering world-class airspace...
security. The 2010 Soccer World Cup has managed to accelerate our intelligence and integration capabilities for use by our radar systems, especially with the Gripen’s ability to detect unusual air activities through the early warning data link system. Our cooperation with the Air Transport Navigation Systems (ATNS) has been also been improved as a result.”

He added that with the modernised data link and the superior technology of the aircraft, some of them could deliver and perform hot extraction of equipment and personnel under extreme conditions.

Lt Gen Gagiano also appealed to all stakeholders to help in nurturing and protecting every element of air power because it was a precious security resource within the South African National Defence Force’s (SANDF) objective of, among others, protecting the sovereignty and the territorial integrity of the Republic.

According to Lt Col William Dickson, the exercise Ground Commander stationed at the SA Army Headquarters Unit, with 28 years of paratrooping experience, the exercise was a success as it had been carefully planned and executed by professional and highly trained personnel. Lt Col Dickson said: “All members on the ground had to be alert at all times because they had to provide cover for a wounded pilot, while blocking the enemy forces and providing direct and indirect fire support as well as extracting the pilot from the scene. For the members these types of exercises do not necessarily take many days of practise and rehearse because they come naturally as they are highly skilled.”

Among the spectators were captains of industry, the Executive National Security Programme (ENSP) students, including members from the defence forces of Argentina, Brazil, Malawi, Rwanda and Tanzania currently studying at the SA National War College, senior and junior air warfare students, Officers Formative students from the SA Air Force College as well as the Non-commissioned Officer Developmental Course students.

SA and US DOD renew partnership in health project

By Elizabeth Kennedy Trudeau, Press Attaché, US Diplomatic Mission to SA

Project Phidisa, a groundbreaking clinical research collaboration involving the South African Department of Defence, the United States Department of Defence, and the United States National Institutes of Health, was officially extended for another five years at a ceremony held in Centurion on 30 September 2010.

The renewal of the joint research agreement enables the partners to strengthen and further develop biomedical, military health and clinical research co-operation to their mutual benefit. To date approximately 6 000 South African service members and their dependants have participated as volunteers in the Phidisa clinical research conducted at six military clinical research sites and three satellite locations across the country.

Launched on World AIDS Day in December 2003, the Project Phidisa partnership was formalised in 2005 in a five-year agreement by officials from the South African Department of Defence and that of the United States. “I am very proud of the accomplishments Project Phidisa has made to date,” said H. Clifford Lane, MD, Executive Committee member of Project Phidisa from the US National Institutes of Health. “I look forward to working with our South African colleagues in the next five years to make new discoveries, to strengthen the clinical research infrastructure that has been established, and to transfer the full operations, management, and leadership of Project Phidisa to our South African colleagues.”
The innovative and preparatory programmes to introduce youth to the SANDF by the SA Army have led to what is called Project Young Lions. One of the basic intentions of the programme is to get society at large, primarily the youth, accustomed to the military and its practices.

A week-long Army camp for youngsters was held at the SA Army Gymnasium in Heidelberg from 24 to 30 September 2010. It was aimed at developing the youth into responsible citizens and creating an opportunity for them to be part of the Military Skills Development System (MSDS). Capt Tolla Pieterse, Chief Instructor in the Gauteng region, said they focused on leadership and development of Grade 10 learners.

Altogether ten schools participated in the project for the Gauteng region, namely Hoër Volkskool in Heidelberg, Jeppe Girls High, Athlone Boys High, Marais Viljoen Hoërskool, Leshata High School, St Andrews High, Agathoto High School, Zonkizizwe High School, Eldorado Park High and Lenasia Secondary School.

In total 62 cadets were chosen by the Selection Board on 28 August 2010. The evaluation included fitness tests and assignments. The learners were then taken to the SA Irish Regiment in Kensington, Johannesburg.

This pilot project was initiated by the SA Army Infantry Formation. It was then taken over by the SA Army Training Formation in preparation for the Military Skills Development System (MSDS). However, Capt Pieterse said that the decision to join the SANDF after the programme lay with the learners. Their training was based on military skills with a more adventurous approach that focused on leadership. Tasks that were performed included map-reading, field craft, high ropes, bases in the field, adventure training such as mountaineering, abseiling, river crossing, as well as group dynamics.

Capt Pieterse mentioned, however, that the training was of a standard that people at their level might be able to handle, although it involved a lot of military activities. He added that the trainees responded positively to the project through their enthusiasm, willingness and understanding.

The Officer Commanding of the South African Irish Regiment, Lt Col Marius Bennett, and his staff started their recruitment drive by presenting
the system to Grade 10 learners at various schools in Johannesburg and Heidelberg.

Learners of all race groups showed a huge interest in the system and the selection took place at the SA Army Gymnasium in Heidelberg on 28 August 2010. Based on the feedback received from the Young Lions, both the instructors and the parents said the camp was undoubtedly a big success.

The programme also presented proven methods of study for their development. These include nation building, awareness of the SANDF, discipline, military adventure, community service, the Reserves system, physical and psychological fitness, development of personal character and skills, development of basic military skills and communication.

Infanteers participated in an international pace stick competition

By Maj Merle Meyer,
Communication Officer SA Army Infantry Formation
Photo: MWO Ruben Boikanyo

A team consisting of four members of 10 South African Infantry Battalion (10 SAI Bn) in Mafikeng in the Northwest Province represented the SA Army at an international pace stick competition at Sandhurst in the United Kingdom. This was the team that won the SA Army competition that was held at the SA Army Gymnasium in Heidelberg in 2009.

The group flew to the UK on 6 July 2010 and took part in the competition on 16 July. The team consisted of WO2 Emelia Gopane, S Sgt Caroline Seleke, S Sgt Abel Ntwaeng and Cpl Reuben van Niekerk, accompanied by the Acting SA Army Infantry Formation Warrant Officer, MWO Ruben Boikanyo.

Altogether 14 teams from various military institutions in the UK, South Africa and Bahrain participated. The competition was stiff and the winners were the Bahrain police team. The South African team came eighth.

The South Africans were impressed with the colourful uniforms of some of the teams and their smart bearing and neatness. The participants were fit and neat and their uniforms fitted perfectly. The participants practised for many hours each day.

The team managed to see some of the tourist attractions in London and promised to return as the winners next time.

Regiment celebrates 50 years of support to SA

By Maj Merle Meyer, Communication Officer SA Army Infantry Formation

Photo courtesy Benoni City Times

Regiment Oos-Rand celebrated its 50th anniversary in true Infantry style with a medal parade and the Right of Freedom of the City parade on 1 and 2 October 2010.

More than fifty medals were presented by Brig Gen Krubert Nel, Chief of Staff of the SA Army Infantry Formation, during the medal parade held on the parade ground of the Regiment on 1 October 2010. WO2 Chris Craucamp was awarded the Pro Patria Medal, which is regarded as the highest service medal.

Brig Gen Nel congratulated the unit on their excellent track record of the past 50 years in which they served the country with pride, commitment and dignity and lived up to their motto: “Wees Sterk/Be Strong”, tempered with the softness and beauty of the rose as symbolised in the unit emblem and as such became known as the “Rose of the East Rand”.

On Saturday, 2 October 2010, the unit exercised their Right of Freedom of Benoni Parade with the Executive Mayor of Ekurhuleni, Councillor Ntombi Mekgwe, officiating. She honoured the members of Regiment Oos-Rand and thanked them for the service they provided to the country for the past 50 years. She also encouraged the members to share their discipline, teamwork, planning and other empowerment skills with the communities where they reside.

The band of the Benoni High School Pipe Band performed at both these events and this was confirmation of the excellent cooperation existing between the unit and its community.

Regiment Oos-Rand

Regiment Oos-Rand was established in 1960 as a Citizen Force Armoured Infantry unit out of the disbanded 2 Light Air Defence Regiment, Regiment Kemp, an armour regiment, and Regiment Andries Pretorius, a motorised Infantry unit. The influences of these three regiments have enabled the regiment to combine the methodology of the armour with the mobility of the infantry to create poetry in warfare.

Since its establishment, this unit has deployed to the former South West Africa (now Namibia), the RSA borders and to places of internal unrest on the former East Rand. Several members have deployed to the Democratic Republic of the Congo. The members also took part in Operation KGWELE to provide protection at the three stadiums in Gauteng for the 2010 Soccer World Cup. For this deployment they received extensive training, including training with the SA Police Service, and their mere presence prevented many crimes being committed. Immediately after the Soccer World Cup they were deployed in the Kaya Sands area to curb xenophobia attacks. Again their presence led to the immediate curbing of these attacks.

Training is a strong point of the unit and several members have received training with their sister unit, 21 SA Infantry Battalion, and with the other specialised infantry units, and a large number of members had the opportunity to attend formal courses at the Infantry School.
Almost 600 learners from various high schools and the residents of the Ndlambe local municipality in Port Elizabeth, Eastern Cape, got to know more of the core business of the SANDF during the DOD Career Expo Week of the Department from 5 to 7 October 2010.

The objective of the Career Expo, was among others, to introduce the youth to the SANDF’s operations in all Services. This was especially aimed at those who obtained their Matric certificates and other learners, who it was hoped would consider joining the SANDF after passing their final exams. It also served as an ongoing recruitment drive for the DOD as part of rejuvenating the SANDF by attracting young blood through the Military Skills Development System (MSDS).

During the expo learners from Ukhanyo High, Alexandria High, Nompucuko High and Kuyasa High were given presentations by representatives from all Services about possible careers within the SANDF. Learners had the opportunity to ask questions and get clarity on the recruitment process. According to Brig Gen Kefilwe Mathibe, the guest speaker who represented the Minister of Defence and Military Veterans, Ms Lindiwe Sisulu, the career exhibition was an excellent opportunity for the youth of the Ndlambe municipality to learn about the SANDF, with a view to being recruited. Brig Gen Mathibe also warned the youth to refrain from criminal activities, as this would prevent their admission into the system, and effectively put an end to their dreams of careers within the National Defence Force.
The SA Air Force’s Chief Director Air Policy and Plans, Maj Gen Lucky Ngema, officially retired from the SA Air Force after a long service of 34 uninterrupted years on 30 September 2010. A parade in the General’s honour was held at Air Force Base Waterkloof in Pretoria.

Maj Gen Ngema joined the ANC’s Umkhonto we Sizwe (MK) in 1976 and did his military training in Tanzania. From 1977 to 1980 he did his pilot training at the Nigerian Civil Aviation Training Centre in Zaria where he obtained his commercial pilot’s license with Instrument and Multi-Engine rating.

From 1980 to 1982 he was stationed at Dar es Salaam in Tanzania where he flew the Conversion Cessna. From 1982 to 1993 Maj Gen Ngema was stationed in Zimbabwe where he did his conversion courses on the C182, 205, 206 and 402. In 1985 he did the Lusaka Flight Instructor’s Course in Zambia at the Zambia Air Services Training Institute. From 1986 to 1993 he flew for Air Zimbabwe. Over the same period, he learned to fly the Texas Conversion Viscount 800/700 and obtained the Airline Transport License at the Pegasas Air Services Training Institute USA. He also did a conversion course on the Boeing 767 in the USA.

In 1994 he returned to South Africa to take part in the integration process on behalf of Umkhonto we Sizwe and completed various military and aviation courses. In 1995 he completed the PC-7 conversion course at the Air Force Unit in Mmabatho and the King Air conversion course at Air Force Base Ysterplaat. The following year he did the Senior Command and Staff Course at the SA Air Force College. In the same year he completed the Senior Management Course at the University of Pretoria and the Senior International Defence Management Course at the Defence Resources Management Institute, as well as the Advanced Seminar in Air Operations at the United States of America Defence Institute. In 1997 he completed the Joint Staff Course at the SA National Defence College.

Maj Gen Ngema was integrated into the South African National Defence Force in 1994 with the rank of Colonel and was subsequently appointed in the SA Air Force as Director Integration at SA Air Force Headquarters. In 1998 he was appointed as Director System Evaluation and promoted to the rank of Brigadier General. He was then appointed as Inspector General at the SA Air Force Headquarters. In 1999 he was appointed as the Officer Commanding AFB Waterkloof. In April 2000 he was promoted to the rank of Major General and appointed as Chief Director Air Policy and Plans. In the same year he was appointed as Chief Director National Aviation Academy. In 2007 he was reappointed as Chief Director Air Policy and Plans, a position he held up to his retirement.

Maj Gen Ngema is the Chief Patron of Siyandiza, the SA Air Force’s National Aviation Awareness Drive, and is married to Ms Masego Marie-Anne Ngema. They have five children.
Brig Gen Herman Wallis bids SAMHS goodbye

Article and photo by Maj Davis
Thathane, GSB Thaba Tshwane
SO2 Corp Comm

Brig Gen Herman Wallis said at his farewell parade to members of the General Support Base Thaba Tshwane on 29 September 2010: "Thinking is the most difficult thing to do; if it was easy, then more people would have been doing it more often".

Brig Gen Wallis joined the South African Defence Force on 6 January 1974. He was transferred to 2 Military Hospital in Wynberg after completing his basic military training and the Officers’ Formative Course at the South African Medical Service Training Centre in the then Voortrekkerhoogte (now Thaba Tshwane).

He served as a Pharmacist, Senior Pharmacist and Principal Pharmacist at 2 Military Hospital. In 1980 he was transferred to the South African Medical Service Headquarters where he occupied the post of SO2 Pharmaceutical Provisioning and Procurement and later SO1 Logistic Operations.

In 1981 he was transferred to the then Medical Base Depot as the Second in Charge and the following year he was appointed as the Officer Commanding. In the same year he was transferred to the South African Medical Service Headquarters where he held the following appointments: Director Standard Medical Stock, Director Pharmacy, Chief of Medical Staff Logistics, Inspector General South African Medical Service, SOO Corporate Planning and Director Military Health Logistics. He was appointed as the General Officer Commanding General Support Base Thaba Tshwane on 1 July 2008. Brig Gen Wallis took part in various operations, including Operation PROTEA in 1981 in the then South West Africa (now Namibia) and Angola. He completed the South African Medical Service Junior Command Course in 1981, the SA Army Management and Staff Course in 1984 and the Joint Staff Course in 1989. He also completed various other courses, inter alia the SA Army Project Management Course, the Certificate in Senior Logistics Management at the Postgraduate Management School of the University of Pretoria, a Preservation and Dehumidification of Military Materiel Course in Stockholm, Sweden, and the Senior International Resources Management Course at the US Navy Postgraduate School in Monterey, California, USA.

He obtained the following academic qualifications: a B.Sc. (Pharmacy) from the Potchefstroom University for CHE in 1973, an Honours B.Sc. in Medical Sciences (Pharmacology) and an M.Sc. in Medical Sciences (Pharmacology) - cum laude - at the University of Stellenbosch in 1977 and 1979 respectively. He obtained a Ph.D. degree in Pharmacy Practice from Potchefstroom University for CHE in 1991. The research for the Ph.D. degree was conducted at 1 Military Hospital. He obtained all his postgraduate degrees on a part-time basis while in service of the SAMHS. Brig Gen Wallis is registered with the SA Pharmacy Council as a Pharmacist and a Specialist Clinical Pharmacokinetist.

The following decorations and medals were awarded to Brig Gen Wallis: the Southern Cross Decoration, the Southern Cross Medal, the Military Merit Medal, the Pro Patria Medal, the Southern Africa Medal, the Tshumelo Ikatelelo General Service Medal, the SANDF Good Service Medals for 10, 20 and 30 Years’ Good Service, the General Service Medal, the Unitas Medal and the

Brig Gen Herman Wallis.

Surgeon General's Commendation.

It would have been taboo for his next of kin not to be part of the list of very important guests. At sixty, Brig Gen Wallis’ mother is still alive and could attend this splendid occasion accompanied by her grandchildren (Gen Wallis’ children), his daughter, Mavourneen, a Chartered Accountant in Tripoli in Libya, his son, Herman, and his wife, Marlese, a former member of Shine4 and a singer.

During his time at the GSB Thaba Tshwane, Brig Gen Wallis demonstrated his knowledge and vast experience in the logistical field and played a major role in sharing this knowledge. This was reflected in his decision-making and the advice that he gave to the team. His humour, openness and approachability will be missed.

Anything that has a starting point must have an ending; and so it was time for Brig Gen Wallis to say goodbye to GSB Thaba Tshwane and the SAMHS as a whole after serving 37 years!
Donate your organs and save lives

By Mandla Mahlangu
Photo: Sgt Elias Mahuma

There is no greater gift you can give to someone than the gift of life. Many South Africans who are in dire need of organs will perish unless they receive life-saving organs. It is thus extremely important that people should be selfless and donate their organs. The declaration of August as Organ Donor Month was informed by the need to highlight the plight of those who need organs and everyone is encouraged to donate their organs to save lives.

Major (Dr) Monica Molatlhegi of Area Military Health Unit Gauteng said: "It’s important to donate organs to save lives; I encourage everyone to donate organs. We must ensure that we enquire what organ we can donate for the love of the community. Organs such as corneas, kidneys, livers and other organs can be donated." She said that those who wanted to donate organs after their deaths could state so in their wills and name the organs they would want to donate.

The Chaplain General of the SANDF, Brig Gen (Rev) Marius Cornelissen, said at the time the Bible was written organ donations were obviously not an issue at all since medical science was quite primitive at that stage. "There are timeless Biblical principles that may address the issue. The greatest commandment says you must love God and your neighbour. We know that love is not an abstract entity, but it must be expressed through actions. Therefore helping someone in need, whatever their need may be, whether it is for food or drink or the need to replace a failing organ, Christians should help others. Secondly, and maybe even more significantly, we should apply the words in 1 Corinthians 10:31: "Whatever you do, you must do all for the glory of God".

Brig Gen (Rev) Cornelissen stated that everything we do should not be because of self-interest, but caring for others. He explained: "Donating an organ or blood to save a life or merely to improve the quality of life of another surely promotes others’ well-being and all this will be for the glory of God."

The major religions of the world, viz Christianity, Islam and Hinduism, which are represented in the DOD, agree that it is not only proper, but also the duty of human beings to help others by donating organs. This displays solidarity among the faiths and gives clear guidelines to the DOD and individual members on the issue.

The Chaplain Service encourages all members to become organ donors and to stipulate it in their wills.

Chaplain Brenda Siqaza of Technical Service Unit was of the opinion that some Christians were reluctant to donate organs because they believed that the resurrection required a complete body. Chaplain Siqaza elaborated: "The Bible does not specifically address the issue of organ transplantation. However, there are Bible verses that illustrate the broad principles that may apply. One of the most compelling arguments for organ donation is the love and compassion..."
such an act demonstrates towards others.” According to her, the mandate to love one’s neighbour was stated by Jesus in Matthew 5:43, Paul in Romans 13:9 and James 2:8, but could actually be traced back to Leviticus 19:18. In the Old Testament, God’s people were commanded to demonstrate love of God and neighbour. The wish to donate an organ from our bodies would seem to be an extreme example of selfless sacrifice for another. If a practice or procedure is not contrary to Biblical principles, then it should be considered permissible and can be supported by Christians.

Chaplain Siqaza stressed: “As Christians, we can support organ donation only in cases in which death has been determined according to every criterion, including complete brain death rather than just one or two other criteria. God forbids intentional killing in James 2:10–11, thus we must carefully determine in the light of the teachings found in God’s Word as to whether a respirator is simply oxygenating a corpse or sustaining a living human being.”

Organ Donation Foundation

According to statistics of the Organ Donation Foundation, there were 724 organ and cornea transplants in 2009 compared to 631 in 2008. There were 26 heart transplants in 2009, 8 of lungs, 37 of livers, 290 of kidneys, 11 of kidneys/pancreas and 4 of kidneys/livers. The highest number of solid organs and cornea transplants was in 2002 when 1 628 transplants were done. The lowest number of transplants was in 2008, when 631 transplants were registered.

The law states that an organ may not be transplanted into a person who is not a South African citizen or permanent resident without the authorisation in writing of the Minister of Health. According to law, the selling or trading in tissue, gametes, blood or blood products is a criminal offence and any person doing so can be fined or arrested for a period not exceeding five years or both.

In 2009, 42% (excluding corneas) of organ transplants took place in Cape Town, making it the highest organ transplantation area, followed by Johannesburg with 39%, Durban with 9%, Pretoria with 8% and Bloemfontein with 2%.

For more information please contact Emlynn Arendse from the Organ Donor Foundation on 0800 22 66 11 (toll free) or visit the website: www.odf.org.za

* Additional information: Organ Donation Foundation and gotquestion websites.

Infanteers out in full force for Arbour and Casual Day

Article and photo by Maj Merle Meyer, Communication Officer SA Army Infantry Formation

On Friday, 3 September 2010, all the Infanteers of the SA Army Infantry Formation HQ came out in full force in support of Arbour and Casual Day.

The day started with the planting of a fever tree and a gardenia in the courtyard of the Erasmus Hall at the SA Army HQ Complex and in true Infantry style the day was opened with Scripture reading and prayer.

The members then moved to the Pretoria Defence Sports Club where a real boeresport day took place. The members were divided into ten different teams, each sporting a different colour ribbon and Casual Day sticker. All the members wore a golf shirt sponsored by Denel Land Systems with the Casual Day theme: “Dress for Laughs”, which was symbolised by a hat, and there were examples such as “Liewe Heksie”, pixie, “Farmer Brown” and the present favourite, the fedora.

Military Security was in charge of the games. The sack race was great fun and the sacks looked worse than the runners at the end of the day. Brig Gen Fongoqa’s gum? I think it got stuck under the egg … A real treat was to see the big man, Col Mannetjies de Goede, do the egg and spoon race. I still wonder why no eggs got broken.

The wheelbarrow race was a real challenge for the women … maybe they were laughing too much. Here the General Officer Commanding, Maj Gen Themba Nkabinde, proved to be a really good driver.

There was real team spirit when the tug-of-war took place. Next followed the goal kicking event and the boertjies struggled to get the ball into the goalpost, maybe because the ball was round.

Then the final marks were added to determine which team won the day, and did they argue! Fortunately Ms Annetjie ‘Dippenaar, the Secretary of the Chief of Staff, was co-ordinating the marks and she did not take any nonsense from the team leaders.

The winning team of the day was Col Fongoqa and his “persies” and the Infanteer of the Day was the Formation’s only Rifleman, Mava Ntsundwana. Everybody had great fun and showed excellent sportsmanship.
Emerging Management Development Programme

By WO2 P. du Plessis, PSAP ETD

Thirty-three Public Service Act Personnel (PSAP) on salary levels 6 - 8 recently completed the Emerging Management Development Programme at the Public Administration, Leadership and Management Academy (PALAMA) in Pretoria.

The programme was presented by the Chief Directorate Human Resources Development (PSAP: Education, Training and Development), through PALAMA over the periods 7 - 11 June 2010, 12 - 16 July and 16 - 20 August.

The objectives of this programme are to provide DOD PSAP on salary levels 6 - 8 with cutting-edge competencies and to prepare them for the future challenges of the Junior Management Service.

Feedback

On completion of the Emerging Management Development Programme (EMDP), learners were requested to evaluate the Programme. More than 90% of the learners rated the overall programme with the content, logistics and facilitator as either excellent or good. Learners indicated that the programme equipped them with knowledge about their roles as Junior Managers. The Senior State Accountant: Finance Division, Mr L. Nkukwana, said: "It was a very informative programme. It exposed me a lot in terms of participation in groups and sharing of ideas. The importance of a mission and vision in the organisation and linking individual values to the values of the organisation were highlighted."

The Secretary Directorate Information and Communication Technology, Ms K.E. Mokwena, said: "I found the course enlightening and very interesting as it entailed the broader picture of management and what it took to be a professional manager/supervisor."

Way forward

The Chief Directorate Human Resources Development acknowledges the great need for the development of PSAP who are first line supervisors and aspiring supervisors on salary levels 6 - 8. For this reason the EMDP will be presented annually.
Infanteers hand over renovated rondavels to the SA Army College

The General Officer Commanding of the SA Army Infantry Formation, Maj Gen Themba Nkabinde, officially handed over eleven renovated rondavels to the Acting Commandant of the SA Army College, Col Nicolas Mabilu, on 10 September 2010.

The rondavels are used by Infanteers attending the various courses presented at the SA Army College in Pretoria and therefore the SA Army Infantry Formation deemed it necessary to renovate them. New fridges, microwave ovens, beds, desks, television sets and bed linen were provided.

Maj Gen Nkabinde said at the event that the Infanteers had returned to their roots as the Infantry School, the alma mater of all Infanteers, was established as a wing of the SA Army College. He also congratulated the SA Army College on the excellent training they present, as this has led to many Infanteers reaching the top of the ladder, for example becoming the Chief of the SANDF, the Chief of the SA Army, and some even ministers.

The intention behind this project was to make the rondavels a home from home for members who spent a long time on course, so comfort was an important consideration.
SANDF triumphed in Security Cluster Games

By Lufuno Netshirembe
Photos: Thabo Shirinda

It was a week of fun and games in Port Elizabeth (PE) where the Security Cluster Games were held from 27 to 30 September 2010. The Department of Defence and the Department of Correctional Services competed in seven sporting codes. Members of the two Departments converged on Eastern Province Command in PE for this physically and mentally demanding sports event.

The responsibility for organising this monumental event fell on Maj Werner Els and Capt Morne Gouws both from the Sports Office of the Eastern Province Command and their team after the South African Police Service (SAPS) that was initially supposed to have been the host of the tournament, withdrew from the Security Cluster Games at short notice. In a few days they had to make sure that accommodation, logistics and medical support were available and ready before the games could officially commence. Given the time frame in which they had to co-ordinate with different sports captains and properly organise this event, they did a sterling job as there were no major hiccups throughout the tournament.

The games began in all earnest on Tuesday, 28 September. In opening the tournament officially at Eastern Province Command, the Director Physical Training, Sport and Recreation, Brig Gen Aubrey Sedibe, highlighted the importance of sports in...
To promote sport and recreation the SA Army harnessed the excitement of its members by providing an opportunity to develop different sports in the hope of unearthing exciting sporting talents in indigenous games, aerobics, volleyball, tug-of-war and soccer. To this end a recreation day was held at the SA Army College in Thaba Tshwane on 17 September 2010.

It was a day of sporting fun and members had the opportunity to meet new and old friends. The objective of the recreation day was to increase inter-unit competitive sportsmanship and to create a climate conducive to social and physical interaction between uniformed members and Public Service Act Personnel from the SA Army formations and brigade headquarters.

Sport plays a crucial role in our lives as people interact socially to bridge the cultural divides. It also provides a healthier lifestyle.

As they say, time flies when you are having fun and all good things must come to an end. Unfortunately this was also the case with these Security Cluster Games. The end of the 2010 Security Cluster Games was marked by the coming together of all the competitors at the St Albans Correctional Service East Hall for the prestigious award ceremony on the Thursday evening where the winners in the different sporting codes were awarded their well deserved trophies.

In his closing remarks Brig Gen Sedibe thanked the Department of Correctional Services for hosting a splendid award ceremony. He congratulated the SANDF on being the overall winner of the tournament. He highlighted the fact that these games were not played in vain. He said: “These games serve to establish men and women in the Security Cluster who will represent South Africa at the 2012 Olympic Games.” He reminded the audience in the St Albans Correctional Service East Hall that the SANDF’s core business was to defend the sovereignty of South Africa. In the same breath he said it was of the utmost importance that soldiers should keep fit through sports in order to be combat-ready.

Keeping SA Army members fit

By Cpl Ally Rakoma
Photo: Thabo Shirinda

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Sport plays a crucial role in our lives as people interact socially to bridge the cultural divides. It also provides a healthier lifestyle.
In his speech Brig Gen David Masters, Team Leader of Defence Works Capability/Project Lebaka, spoke of the importance and impact of Project Lebaka and Col William Leukes observed.

On 17 September 2010 at Group 1 Headquarters at Youngsfield in Cape Town a Certificate Ceremony was presented for members of Defence Works Capability Western Cape. Brig Gen D.J. Masters, Team Leader of Defence Works Capability/Project Lebaka, was the functionary. In his speech Brig Gen Masters spoke of the importance and impact of Project Lebaka.

“In August 2007 an idea was planted in the SANDF that an opportunity needed to be granted to our members in uniform to enhance their military skills with alternative skills to give an impetus to their careers, as well as solve a massive problem in the SANDF.

“The problem was two-fold. Some members of the SANDF were unable to advance their careers within the organisation through no fault of their own and the DOD was saddled with a 12 billion rands maintenance backlog, confirmed by the Government entity responsible for the facility management of our infrastructure, and there was no solution in sight.

“The logical way forward was to develop skills in disciplines that would contribute to addressing the dire facility management problems within the SANDF, and at the same time restore the self-worth and dignity of members whose careers had remained stagnant.

“Since January 2008 the following has been achieved with regard to the skills development programme:

- 27 members qualified as Condition Assessors
- 17 members qualified as Construction Site Managers
- 77 members qualified as Artisans with Seta Accredited Certificates.
- 238 new members were enrolled on 12 July 2010 to commence with skills training at various accredited training institutions all over the country.
- There are 319 students under training and gaining practical experience.
- 676 members are engaged in skills development.”

In the Western Cape 64 members are currently undergoing their practical training and the recipients are the 2009 group. The whole group is being managed and supported by Col W.J. Leukes, Officer Commanding of the Western Cape Region for the management of Project Lebaka, and four Reserve Force members.

Brig Gen Masters added: “In this project there are 55 Reserve Force members managing command and control, finance, organisational work processes, Human Resources management and logistic support, and their services are held in high regard.

“The men and women who are receiving their certificates today are soldiers with courage and commitment. These members are in agreement with the Minister of Defence and Military Veterans that our facilities are in a very poor state, and it is directly affecting the morale and dignity of our members and we must do something about it.

“Facilities are an important element of preparing, employing and deploying forces to protect the integrity and security of our country, as well as meeting our international obligations.

“Their commitment to become part of a Works Capability that will address the dire facility management problems will directly contribute to the mandate and objectives of the SANDF and the DOD Strategic Plans.

“The Minister of Defence and Military Veterans in her forward to the Strategic Plans of the Department of Defence said: ‘The SANDF can contribute to the socio-economic needs of the country’, and the ‘DOD will attend to the infrastructure of the Department, with special attention to its facilities’. In both these two quotes, the Minister is directly referring to the creation of a Defence Works Capability and the role it will play. It therefore underlines the importance of establishing the Works Regiments and the need for us to have the skills to achieve the objective of functional, well maintained infrastructure.”

The role of the stakeholders was commended and he thanked Col Leukes and his staff of the Western Cape Region for the successful managing of this project.
Defence Intelligence Cultural Day

By Cpl Itumeleng Makhubela
Photo: Sgt Elias Mahuma

The South African Defence Intelligence College hosted its annual Cultural Day at the Fontana Military Base at Murray Hill on 17 September 2010. The aim of the day was to enhance esprit de corps between the different directorates of the Defence Intelligence Division.

The event was also meant to celebrate Heritage Day through cultural attire and dance, and also to celebrate Arbour Day by planting trees in the vicinity. On the day the members enjoyed sports, including various traditional games. The day also afforded the Defence Intelligence personnel the opportunity to embrace their diverse cultures.

The Officer Commanding of SA Defence Intelligence College, Col Xolani Mabanga, said the event encompassed different nationalities who could explore and learn about each other’s cultures. Col Mabanga said: “We combined Heritage Day and Arbour Day as a way of fulfilling our national responsibilities while interacting with each other informally.”

He added that the aim was that they engage and find common ground among their members. The place will be symbolic to Defence Intelligence personnel through the legacy they have created.

Members of the Defence Intelligence Division dressed up in traditional attires.

Gumboot dancers and golf

By Lt Col Annelize Rademeyer, SO1 Com SA Army Engineer Formation

The SA Army Engineer Formation annual Golf Day was presented at the SA Engineer Corps golf course at Marievale on 15 October 2010. Various opinion formers from the Defence Industry and the local community attended the day. Gumboot dancers from 2 Field Engineer Regiment in Bethlehem entertained the guests by dancing on a floatable foldable bridge system on the dam at the golf course.

Healing of past transgressions

By Col (Past) Hein Kotzé,
SSO Spiritual/Moral Support

Everyone has a past. Maybe yours was more illustrious than mine, filled with more highlights, achievements and successes. Most of us though, have experienced many setbacks, major losses, painful disappointments and some may have come to realise that many of these were caused by our own number one enemy: Me!

The past can roughly be divided into two categories: one, those things that others did to me or events that occurred and caused me pain. Two, my poor judgement that has caused me to suffer and/or has caused discomfort in others.

Others. Here we can mention three aspects that can be described by the following three loathsome words: stereotypes (which refer to thoughts), prejudices (feelings) and discrimination (actions). We know that countless people have been hurt tremendously by others in the past in our country. Other hurts may have been caused by those closest to you: for instance abuse, abandonment, adultery or addiction of a parent or family member, or have had a significant influence on our quality of life and how we experience life today.

Self. Hard to admit, of course, but I have been the author of untold sorrows that I have experienced up to now. I am the one. Me. Myself. I. Even this day, today, our fate rests mostly in our own hands. Our decisions and relationships (sometimes decisions about relationships) cause either great joy and prosperity, or huge pain and misery. Who is to blame, for instance, if your marriage falls apart because of your infidelity? We all have choices in regard to most if not all aspects of life, whether relational, vocational or spiritual, and those decisions definitely impact on how we live.

How can we solve the pains of the past? What can we do to manage them? How can we be healed?

1. Let others go. Forgiveness is about what you do now, not about what they have done back then. Forgiveness is the boundary of embrace. It is said that unforgiveness is like drinking poison while hoping that the other person will die. The fact is you harm yourself in a big way by holding on to past hurts and harbouring feelings of hatred and revenge in your heart. A Chinese proverb states that you must first immerse your hand in the mud before you can throw it at someone. May I suggest that you do yourself a favour and let your offenders go? Close the curtain on the past and move on.

2. Change your life. To solve your own mishaps and mistakes, decide to change. Let go of your folly and start making good decisions again. If others are being hurt because of what you have done, ask their forgiveness and live correctly from now on. Show your partner your intentions and integrity. If necessary, swap cell numbers for a few weeks, to ensure integrity and accountability.

3. Forgive yourself. It is of little value to wallow in self-pity or live with constant regrets year in and year out. There is work to be done, people to be helped. Simply ask for forgiveness, pay your penalty and move on to a new future. Every saint has a past, but every sinner has a future.

4. Turn to God. Let us receive God’s amazing forgiveness. As the Bible says, If we confess our sins to Him, He is faithful and just to forgive us and cleanse us from every wrong (1 John 1:9).

There is huge value in giving and receiving forgiveness. It will literally set you free and present you with a quality of life and joy that many people can only dream of. Be blessed!
The SA National Defence Force presents

CAROLS by Candlelight

9 December 2010
Swartkop Air Force Base in Hangar 14
18:30 for 19:00

Bring your own Picnic Basket and Chairs and
Join the SA Military Health Service’s Brass Band for a singalong in the spirit of Christmas

ALL WELCOME
Admission Free
Secure Parking

For more info contact Zodwa: 012 355 6372
South African Coat of Arms

The Motto
- Loe e /Xarra /Loe, written in the Khoisan language of the Khari people, literally meaning: diverse people unite. It addresses each individual effort to harness the unity between thought and action. On a collective scale, it calls for the nation to unite in a common sense of belonging and national pride – Unity, In Diversity.

The Protea
- An emblem of the beauty of our land and the flowering of our potential as a nation in pursuit of the African Renaissance – symbolises the holistic integration of forces that grow from the earth, nurtured from above.

The Spear and Knobkierie
- Dual symbols of defence and authority – also represent the powerful legs of the secretary bird. The spear and knobkierie are firing down, symbolising peace.

The Elephant's Tusks
- Symbolise wisdom, strength, moderation and eternity.

The Rising Sun
- An emblem of brightness and splendour; it symbolises the promise of birth, the victory of light over darkness, and the source of life, of light and the ultimate wholeness of humanity.

The Human Figures
- Are derived from images on the Linton Stone, a world-famous example of South African rock art, now housed and displayed in the South African Museum in Cape Town. The Khoisan, the oldest known inhabitants of our land, testify to our common humanity and heritage as South Africans. The figures are depicted in an attitude of greeting, symbolising unity. This also represents the beginning of the individual's transformation into the greater sense of belonging to the nation and by extension, collective humanity.

The Shield
- The shape of the gold shield is drum-like. It has a dual function: the display of identity and of spiritual defence.

The Elephant's Tusks
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The Ears of Wheat
- In the oval shape formed by the tusks – symbolise fertility, growth and the development of potential, the nourishment of people and the agricultural aspects of the Earth.

The Secretary Bird
- Characterised in flight – the natural consequence of growth and speed. It is a powerful bird whose legs – depicted as the spear and knobkierie – serve it well in its hunt for snakes, symbolising protection of the nation against its enemies. It is a messenger of the heavens and conducts its grace upon the Earth. In this sense, it is a symbol of divine majesty. Its uplifted wings are an emblem of the ascendance of our nation, whilst simultaneously offering us its protection.

Department of Defence
REPUBLIC OF SOUTH AFRICA